



October 2026 Celebrant's

GWL group Cindy 4yrs Dan 7yrs Rolly 25yrd
Bobby 40yrs
Cup & Saucer group Carmela 20yrs
We Are Not Saints Group Joann 49yrs
Stairway to Sobriety Mike 18yrs Jeremy 1yr
Robert 26yrs Derrick 4yrs
South Centerville Ray 35yrs Jerry 36yrs
Theresa 2yrs
Canterbury Tales Group Liz 3yrs Rocco
10yrs Dominick 34yrs
Top of the mountain Group Anne 9yrs
Cornwall Serenity Sunday John 20yrs
Safe & Sound Michelle 45yrs
SIOGA Dan 17yrs
Otisville Anne 9yrs
Sunrisers Alex 27yrs Lisa 23yrs Mark 23yrs

Please email before the last
Wednesday of the month to
orangeaid@gmail.com

INTERGROUP LEADERSHIP

CHAIR: FRANK D-CHAIR@ORANGENYAA.ORG
CO-CHAIR: Taylor M CO-CHAIR@ORANGENYAA.ORG
TREASURER: DEBBIE S- DEBBIES2449@GMAIL.COM
SECRETARY: TRISH- TRISHVALENTINO77@GMAIL.COM
GENERAL SERVICES: Mike B-

Mike.b.boomin@gmail.com
PI OFFIER: Vince V-vnv361@gmail.com
WEBMASTER: TROY K-WEBMASTER@ORANGENYAA.ORG
HOME GROUP LIAISON: TERRI G-
ITPEREZ2001@YAHOO.COM
JAILS AND INSTITUTIONS: MYRON P-
INSTITUTIONSREPMP@GMAIL.COM
MEETING LISTS: JIM P-JPOW4037@GMAIL.COM
BOOKER FOR OUTSPEAKS: KEN B-
KENBOTENS@ICLOUD.COM
PHONE SERVICE: phone service@orangenya.org
ORANGEAAID: BOBBY D-ORANGEAAID@GMAIL.COM
ARCHIVES: VICKY O-RESOURCEFUL57@HOTMAIL.COM

**INTERGROUP MEETINGS
ARE HELD ON THE FIRST TUESDAY OF
EVERY MONTH AT FIRST PRESBYTERIAN
CHURCH,
142 STAGE ROAD MONROE, NY
@ 7PM**



Starting From this Sept every 1st
of the month on answering
service will meet at 6:30 to 7pm
at 142 Stage Rd Monroe. Same
place day and place where
Intergroup meets. Please pas it
on. Thank you

Looking for male volunteers for a Wednesday
evening meeting at Otisville Federal
Correctional Facility.
Please contact Myron P at:
INSTITUTIONSREPMP@GMAIL.COM

OCTOBER ORANGE AIDE

ORANGEAAID NEWSLETTER
ORANGE COUNTY INTERGROUP

**I am Responsible.
When anyone,
anywhere, reaches
out for help, I want the
hand of A.A. always to
be there. And for that
I am Responsible**



A grateful heart doesn't
need to drink.

Find a Meetings and events at
www.orangenya.org



**Please drive safely of
trick-or-treaters**

AA Step 9

"Made direct amends to such people wherever possible, except when to do so would injure them or others."

It transitions internal guilt into outward action, requiring recovering individuals to take personal responsibility, fix past wrongs through tangible behavior changes, and rebuild broken trust.

10th Step Promises from the Big Book pages 84 to 85

And we have ceased fighting anything or anyone – even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality – safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

AA Step 10 (Personal Practice)

- The Rule: "Continued to take personal inventory and when we were wrong promptly admitted it."
- What it means: A daily, ongoing practice of self-awareness. You check your thoughts and actions throughout the day.
- The Goal: Catch resentments, anger, or dishonesty early, and apologize quickly when you make a mistake

What It Means

Daily Check-in: You look at your actions, thoughts, and feelings every day to see where you did well or where you made mistakes.

Quick Apologies: When you do something wrong, you admit it right away instead of waiting.

Staying Balanced: It is a maintenance step that stops bad habits and bad feelings (like anger or fear) from piling up.

How Some People Practice It

- **Spot-Checks:** Catching yourself in the middle of a bad mood or bad choice and fixing your reaction right then.
- **Nightly Review:** Asking yourself before bed if you were honest, kind, selfish, or if you owe anyone an apology
- **Focus on Progress:** It is a tool for daily growth and honesty, not for making you feel guilty about being imperfect.



The 10th Tradition of Alcoholics Anonymous

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

AA Tradition 10 (Group Principle)

- The Rule: A.A. stays completely neutral on external social, religious, and political topics.
- What it means: Groups and members must not use the A.A. name to endorse or oppose outside causes, politics, or reform movements.
- The Goal: Keep the focus entirely on the single primary purpose—helping alcoholics stay sober—preventing arguments from tearing the group apart

