



## The Twelve Steps

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
  2. Came to believe that a Power greater than ourselves could restore us to sanity.
  3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
  4. Made a searching and fearless moral inventory of ourselves.
  5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
  6. Were entirely ready to have God remove all these defects of character.
  7. Humbly asked Him to remove our shortcomings.
  8. Made a list of all persons we had harmed, and became willing to make amends to them all.
  9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
  10. Continued to take personal inventory and when we were wrong promptly admitted it.
  11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
  12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.
- 

## The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

## The Promises

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook on life will change. Fear of people and economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

## Notes

South Centerville		SUN	MON	TUE	WED	THUR	FRI	SAT
The "Just for Today" Group	Faith Reformed Church 11 S Centerville Rd							8:00 AM CDX

### Sugar Loaf

Sugar Loaf Group	Sugar Loaf Methodist Church 1387 Kings							7:00 PM C11ME
------------------	---	--	--	--	--	--	--	------------------

### Walden

Top of the Hill	1st Reformed Church 70 Scofield St	2:00 PM ODX					7:00 PM OGRX	
-----------------	---------------------------------------	----------------	--	--	--	--	-----------------	--

### Warwick

Amazing Grace	Warwick Episcopal Church 50 South St - Enter in back		12:30 PM OBED		12:30 PM CSTD		12:30 PM CD	
Forester Ave Big Book	United Methodist Church 135 Forester Ave		7:30 PM CBD		7:30 PM OSP			
Keep It Simple Sundays	St. Stephen's Parish Church 75 Sanfordville Rd	7:30 PM CBD						
Round Robin	Warwick Reformed Church 16 Maple Ave Opposite St Anthony's		8:00 AM CD	8:00 AM CD	8:00 AM CD	8:00 AM CD		
As We Understand	Warwick Reformed Church 16 Maple Ave Opposite St Anthony's						8:00 AM O11	
Sunday Serenity	VFW 71 Forester Ave	9:30 AM CD						
Unshakable Foundation Group	Warwick Reformed Church 16 Maple Ave Opposite St Anthony's			12:30 PM CSTD		12:30 PM CBD		
Warwick Eyeopener	Warwick Reformed Church 16 Maple Ave Opposite St Anthony's							8:00 AM CSTTR D
Women of Love and Freedom Group	Warwick Episcopal Church 50 South St - Enter in back					7:00 PM 1ST & 2ND WCDRD 3RD BYO12X12 LAST ANN		

### Washingtonville

Dr Bob's Back to Basics	1st Presbyterian Church 30 Goshen Ave		7:00 PM CBTRDX					7:00 PM ODX
Woodchucks	1st Presbyterian Church 30 Goshen Ave	8:00 PM CDX			8:00 PM BLS-			

Bullville	LOCATION	SUN	MON	TUE	WED	THUR	FRI	SAT
Bullville Sharing and Caring	St. Paul's Church - Main Sanctuary 2800 NY-17K Right Classroom					7:00 PM OSD 7:00 PM ABSID		

### Campbell Hall

Any Lengths Group	Hamptonburgh Presbyterian Church 2815 NY-207		7:30 PM ST					
-------------------	--	--	---------------	--	--	--	--	--

### Chester

Are You Getting Better Group	St. Columba Church 27 High St						8:00 PM CD	
------------------------------	----------------------------------	--	--	--	--	--	---------------	--

### Cornwall

"Wing It" Group	Cornwall Hospital 17 Laurel Ave			7:00 PM CDX				
Canterbury Tales	Munger Cottage 395 Hudson St (behind Cornwall Library)	8:00 AM CABSIDX 10:00 AM OBEDX				6:30 PM CSTX		6:30 PM CBX
Canterbury Tales	United Methodist Church 198 Main St Rear parking lot via South St						7:00 PM CSPD	
Cornwall Group	St. John's Episcopal Church 66 Clinton St			8:00 PM CD				
S.H.I.P. Group	Cornwall Hospital 17 Laurel Ave							12:00 PM CDX

### Cornwall-on-Hudson

Serenity Sunday	St. Thomas Church 336 Hudson St	7:00 PM CDX						
-----------------	------------------------------------	----------------	--	--	--	--	--	--

### Cuddebackville

Foundation Group	Reformed Church - 1060 US-209 Junction Rts. 209 & 211		7:00 PM 1ST CD 2ND CB 3RD CLS 4TH CD LAST ANN					
------------------	---	--	--	--	--	--	--	--

### Florida

Una luz en Warwick	St. Joseph Real Ed. 19 Glenmere Ave	6 PM SOD			7 PM SOD			
--------------------	--	-------------	--	--	-------------	--	--	--

### Goshen

Cup and Saucer	St. James Church 1 St James Pl				7:00 PM OSTDX			
Good Morning Sobriety	Christian Reform Church 2440 NY-17A-Youth Bld		9:30 AM OLSDX		9:30 AM OSTDX	9:30 AM ODX		

### Greenwood Lake

Greenwood Lake Group	Holy Rosary Church 41 Windermere Ave	6:00 PM WCD		7:30 PM ABELS/ CBEPSD	7:00 PM 12X12		5:00 PM CD 7:30 PM CSPD	
Greenwood Lake Group	Good Shepherd Episcopal 62 Windermere Ave		7:30 PM CBD					10:00 AM CDRD

Greenwood Lake		SUN	MON	TUE	WED	THUR	FRI	SAT
Last Chance Group	Good Shepherd Episcopal 62 Windermere Ave					8:00 PM OSPD		
Primary Purpose Group	Grace Lutheran Church 25 Waterstone Rd						6:15 PM CDX	

Harriman								
Joy of the Journey	St. Anastasia Church - Bldg behind main church -down hill on left of bldg		5:30 PM WCDX	5:30 PM CLSX	5:30 PM CBDX	5:30 PM RPDX	5:30 PM OBEDX	
Midday Sobriety	St. Anastasia Church - Bldg behind main church -down hill on left of bldg		1:30 PM CAB- SIDX	1:30 PM CBDX	1:30 PM CDRDX	1:30 PM CBEDX	1:30 PM OSPDX	

Highland Falls								
Highland Falls	O'Connor Doyle American Legion 134 Old State Rd		6:00 PM BEX			6:00 PM ODX		

Highland Mills								
The Central Valley Group	St. Patrick's Church 26 Hunter St		6:30 PM BEX		6:30 PM OSPX		7:00 PM CSTDX	5:00 PM CDX

Maybrook								
The Way Out	United Methodist Church 100 Broadway				6:30 PM OSTDX			

Middletown								
3/7/11	Scotchtown Presbyterian Church 367 Blumel Rd							7:00 PM CSTD
A New Beginning	St. Joseph's Church 133 Cottage St				7:00 OD			
Middletown Group	St. Paul's United Method- ist Church 58 W Main St		7:00 PM OLSDX					7:00 PM OSPX
The "Just for Today" Group	Holy Cross Church 626 County Rd 22					7:30 PM CSTD		
The Phoenix Group	St. Paul's United Method- ist Church 58 W Main St			7:30 PM 12X12DX				
Top of the Hill	1st Presbyterian Church 25 Orchard St		12:00 PM OBESPD X	12:00 PM OBE12X 12X	12:00 PM OBEBX	12:00 PM OBELSX	12:00 PM OBEC- TBX	
Tres Legados	77 Monhagen Avenue	6:00 PM SOD	7:30 PM SSTD	7:30 PM STRD	7:30 PM SOD	7:30 PM SOD	7:30 PM SOD	6:00 PM SOD

Monroe								
Just for Today - Monroe	Sacred Heart Chapel 137 Stage Rd Enter pkg lot in back of church	3:00 PM ODX						
Monroe Mens Group	Sacred Heart Chapel 137 Stage Rd Enter pkg lot in back of church	7:00 PM MCDX						
Room at the Top	United Methodist Church 47 Maple Ave		7:00 PM MCST/ SPD			7:00 PM MCBE		
SIOGA	Sacred Heart Chapel 137 Stage Rd Enter pkg lot in back of church			7:30 PM CSTDX			8:00 PM CBEDX	7:00 PM CBDX
SIOGA	1st Presbyterian Church 142 Stage Rd					7:30 PM OSP		

Monroe		SUN	MON	TUE	WED	THUR	FRI	SAT
Solutions at the Top	Hiberian Hall 10 N Main St							9:30 AM OD
Steps to Sobriety	1st Presbyterian Church 142 Stage Rd		9:30 AM CD	9:30 AM 12X12	9:30 AM LS	9:30 AM BE	9:30 AM B	
Sunrisers	United Methodist Church 47 Maple Ave							8:00 AM CDX

Montgomery								
Stairway to Sobriety	St. Francis of Assisi - 74 Walkill Ave St. Andrew's Hall	6:30 PM OBEX	12:15 PM ODX	12:15 PM OSTX 6:30 PM OBEX	12:15 PM OBX	12:15 PM ODX	9:30 AM OBEX 12:15 PM OLSDX	1:00 PM ODX
The Montgomery Group	1st Presbyterian Church Hall 137 Clinton St	7:00 PM OSP			8:00 PM CBSTTRD			

New Windsor								
Chapel Hill 2	King of Kings Church 543 Union Ave	6:00 PM CD			7:00 PM ST			
Forge Hill Group	Ridgecrest Baptist Church 519 Blooming Grove Tpk		7:30 PM OBEDX					
One Day at a Time - ODAAT	Vails Gate United Meth- odist Church 845 Blooming Grove Tpk			7:00 PM CBTR		7:00 PM CSTD		7:00 PM OBE
Saturday Morning Miracles	Bethlehem Presby Church 1520 NY-94							8:30 AM OD

Newburgh								
AA Happy Hour	Baptist Church 7-11 William St							7:00 PM OD
Balmville Fel- lowship Group	Union Presb. Church - 44 Old Balmville Rd Opposite Powelton Club				8:00 PM CDX			
El Nuevo Amanecer	471 Broadway	6:00 PM SOD	8:00 PM SOD	8:00 PM SOD	8:00 PM SOD		8:00 PM SOD	8:00 PM SOD
Esperanza de Vida	475 Broadway				8:00 PM SOD		8:00 PM SOD	9:00 AM SOD
Focus on Re- covery	Jewish Community Center 290 North St		6:00 PM STX	6:00 PM BX				
La Oportunidad	345 Ann Street	10:00 PM SOD	7:00 PM SOD	7:00 PM SOD	7:00 PM SOD	7:00 PM SOD	7:00 PM SOD	7:00 PM SOD
Newburgh	Oct-Mar: 172 Liberty St Mar-Sept: Ferry Landing	9:00 AM DR						
Safe 'N Sound Group	Jewish Community Center 290 North St		7:30 PM MX		12:00 PM CABSIDX	12:00 PM OBEDX	12:00 PM CDRDX	
The Newburgh Group	The Newburgh Armory - 321 S William St (Larkin Activity Center on left)		7:30 PM OBELS				8:00 PM CD 2ND OSP	

Otisville								
Top of the Mountain Group	Otisville Presbyterian Church 25 Main St				7:00 PM ODX			7:00 PM O12x12B DX

Pine Bush								
Garage Group	United Methodist Church 4 Church St		6:30 PM BEX					7:00 PM ODX