# OCTOBER CELEBRANTS:

CENTRAL VALLEY SAFE AND SOUND:
GROUP: Bob P 10 years

GROUP: Bob P. 10 years

Tom W. 27 years

Matt P. 26 years

SIOGA:

Mike 24 years

JOY OF THE JOURNEY: Dan Mc. 14 years Tom K. 22 years Carlos V. 1 year

Mary W. 13 years Chris 1 year

Cindy C. 1 year

Please submit your groups celebrants by the end of the previous month.

"Now that we're in A.A. and sober, and winning back the esteem of our friends and business associates, we find that we still need to exercise special vigilance. As an insurance against "bigshot-ism" we can often check ourselves by remembering that we are today sober only by the grace of God and that any success we may be having is far more His success than ours.

Finally, we begin to see that all people, including ourselves, are to some extent emotionally ill as well as frequently wrong, and then we approach true tolerance and see what real love for our fellows actually means. It will become more and more evident as we go forward that it is pointless to become angry, or to get hurt by people who, like us, are suffering from the pains of growing up." -Twelve Steps and Twelve Traditions

p. 92

"And we have ceased fighting anything or anyone even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given to us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition."

-Alcoholics Anonymous p.84,85

## **Upcoming Events:**



### INTERGROUP COMMITTEE INFO:

Hybrid meetings are held on the first Tuesday of every month In Person at: First Presbyterian Church, 142 Stage Rd, Monroe N.Y. 10950

Online Log-in Information: ID: 845 5389 0838 Password: Joyous Chairperson: Juergen S.

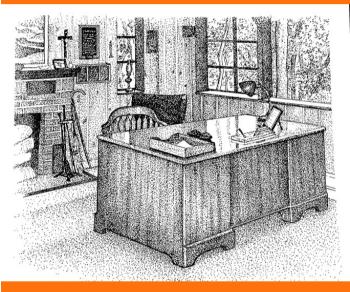
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draytonobrien@gmail.com
Treasurer: Tom C.
Secretary: Victoria S.
victoriaschwartz879@gmail.com
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OrangeAAid: Vince G

Orange County AA 24 Hour Helpline:

€ 845-534-8525 Contact Orange AAid: ✓ orangeaaid@gmail.com October 2023

# ORANGE AAID

Newsletter
Orange County Intergroup



Find a Meeting: www.orangenyaa.org

## HAVE A CLOSER LOOK: -GRATEFUL MICK

# LANGUAGE OF THE HEART- PG. 269 "WHAT IS ACCEPTANCE"? - MARCH 1962

With so many bits of this GRAPEVINE gem making its way into our literature, most AA's will quickly recognize many of Bill's more poignant thoughts and observations on the important but difficult practice of acceptance throughout.

At the start he calls upon our Serenity Prayer and then cleverly elaborates, "Essentially this is to ask for the resources of grace by which we may make spiritual progress under all conditions". I find it a tall order in any given twenty four hours, I assure you!

So... when faced with more pronounced difficulties this past month, I received a first-class lesson in patience, humility and faith to endure amidst variables beyond my control. I was surprised how often I found the need for renewed prayer. You would think by now I'd have learned to easily trust in a higher power and to readily turn my fear and anxiety over.

After all, I was delivered from the depths of despairing alcoholism on the sincere asking. But alas, my tendency to wrestle for control emotionally brought more uncertainty and worry than was due me. Revisiting this letter reminds me what I have learned from you all over three and a half years.

In sharing with each other our trials great and small, hearing so often the testaments of life's storm weathered with grace and fellowship, we often find the strength to get outside ourselves, to instead reach out to the newcomer, to carry the message of hope and recovery over our spiritual malady.

With suggestions of walking meditation, a full inventory of one's blessings and a gentle nudging toward Step Eleven when in doubt, Bill reminds us that while pain may be the touchstone to progress:

"This too shall pass".

# OUR FEATURED GROUP:

SOBRIETY IS OUR GREATEST ASSET



### CELEBRATING 60 YEARS THURSDAY OCTOBER 12TH

FIRST PRESBYTERIAN CHURCH 142 STAGE ROAD MONROE,NY 7:30 PM

The Group Anniversary meeting will be held in the rear hall of the church with one speaker, longtime member Bobby N., and food and fellowship to follow. We will also be raffling off some AA and Grapevine literature. Please join in fellowship and help us celebrate 60 years!

#### **REGULAR MEETINGS:**

#### FIRST PRESBYTERIAN CHURCH:

Thursday 7:30pm Open Speakers Meeting

#### SACRED HEART CHAPEL:

Tuesday 7:30pm Closed Step Meeting

Friday 8:00pm Closed Beginners Meeting

Saturday 7:00pm Closed Big Book Meeting

#### **HISTORY:**

On September 26, 1963 the G.S.O. received a new group information form from the SIOGA Group. The group became listed with the G.S.O. on October 1, 1963. While this is the first record of contact that the G.S.O. has, it is important to note that it is not uncommon for groups to be in existence prior to contacting the G.S.O.

The SIOGA Group first appeared in the spring 1964 A.A. directory. According to the new group form, The SIOGA Group was based in Goshen, NY. The form also revealed that at that time, there were 8 active group members and Kenneth F. was serving as the General Service Representative. Closed meetings were held in Goshen on Wednesday mornings and open meetings were held in Monroe on Thursday night at the First Presbyterian Church on Stage Road.

In a letter to G.S.O. dated October 15, 1963 group member Charles H. wrote: "With Monroe as the focal point, there isn't another open meeting within an eighteen mile radius and ours is the only meeting in Orange County on Thursday nights."

In November of 1996 members of the Monroe Tuesday Step Group sent a note to the G.S.O. informing them that they had merged with the SIOGA Group. The note stated that the merge enabled the group to host 4 meetings a week. This is the last piece of information that we have for both groups.

I hope that you have found this group history interesting. If I can assist you in the future, please feel free to contact me at the above address or by phone. The staff at G.S.O. Archives send their best wishes.

Sincerely,

Erin A. Lange Assistant Archivist

