

MEETING CORNER

WHERE IS EVERYBODY??

If you've wondered why in-person and Zoom meetings are more sparse than they used to be, you're not alone. Meeting attendance overall is down and some may still be struggling to get back after COVID. Let's not forget that alcoholism is a disease of isolation. If there are members who you haven't seen in a while, reach out to them, offer to meet them at a meeting. If you know of a meeting that needs support, you can announce it

at other meetings or have it printed here in our newsletter. Spreading the word about group events and anniversaries helps draw people into fellowship, as does keeping up with outspeaks and taking car loads of members to new groups.

As we continue to reach out the hand of A.A., we will help newcomers and oldtimers alike get back into the fold of A.A. life, for the good of all members and groups.

2022 Orange County Intergroup Officers & Chairs

Chair: Willoe57@gmail.com

Co-Chair: Juergen@optonline.net

Treasurer: TDConfrey@gmail.com

Secretary:
OrangeIntergroupSecretary@gmail.com

Webmaster: WebReply00@gmail.com

Phone Service: VinceGatti40@gmail.com

Public Information: ironrunner312@outlook.com

Jails & Institutions: BxSpaceAce@gmail.com

Meeting List: mayer.mark37@yahoo.com

Orange AAid: OrangeAAid@gmail.com

Next Meeting:
TUESDAY, Oct 4
at 7PM



ORANGE COUNTY NY INTERGROUP'S NEWSLETTER

September



Orange AAid

STEP 9: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

"Good judgement, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine...Above all, we should try to be absolutely sure that we are not delaying because we are afraid. For the readiness to take the full consequences of our past acts, and to take responsibility for the well-being of others at the same time, is the very spirit of Step Nine."

~ 12 & 12, p. 83 & 87

Sept 2022



Inside:

5 Ways to Cope With Change

September Celebrants

ANSWER THE CALL



Groups needed for Phone Service *17th & 18th*

Contact Vince:
VinceGatti40@gmail.com

For meeting list changes and updates, please use the form on the website at: www.OrangeNYAA.org



SEPTEMBER CELEBRANTS

ODAAT

Sylvia D—20 years
Paul F—17 years
Tommy V—12 years
Dave B—8 years
Paul M—9 years
Don M—1 year

Sunrise Group, Monroe

Alex L—23 years
Mark A—19 years

Women's 12 Steps, Monroe

Sharon D—37 years
Lori F—27 years

Balmville Fellowship

Eileen M—21 years

SIOGA

Bill A—18 years

Chapel Hill at King of Kings

Joe F—19 years
Jeff E—7 years
Melissa H—90 days

Canterbury Tales at Munger

Karen C—1 MIRACLE Year

Cup & Saucer

Cynthia A—25 years
Barry C—8 years
Wendy V—4 years

The Newburgh Group

Frank the Grape—the Big 1 year
Dave B—8 years
Marci G—27 years

TRADITION 9

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

“Each A.A. group needs the least possible organization. Rotating leadership is the best. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.”

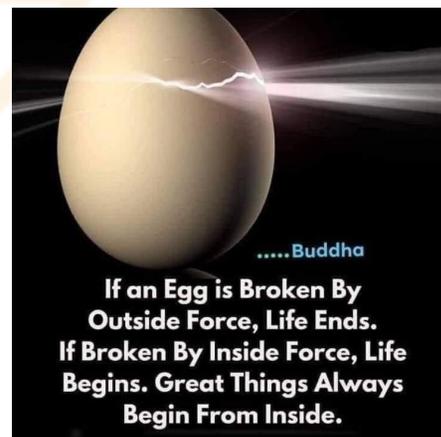
- Tradition 9, Long Form excerpt

September:

A Month of Transitions

There are two things alcoholics don't like: Change, and The Way Things Are. Yet as we move into new seasons, we're reminded that the only constant in life is change. While change can be scary, it can also bring new opportunities, expand our spiritual territory, and enable us to grow. Here are a few things members do to help keep in emotional balance through changes:

1. **ROUTINE:** Get to the same meetings every week—stay consistent and keep a regular schedule where possible.
2. **REST:** It can be challenging to learn new ways of being. Taking time for proper sleep and stillness can help.
3. **FELLOWSHIP:** Talk to others honestly about what is going on and how you feel. Staying connected through the heart keeps loneliness and diseased thinking at bay.
4. **EMBRACE** the change, don't resist it. Seek acceptance.
5. **FAITH:** Just as daybreak always follows night, this too shall pass. Hang On Pain Ends (HOPE).



.....Buddha

**If an Egg is Broken By Outside Force, Life Ends.
If Broken By Inside Force, Life Begins. Great Things Always Begin From Inside.**

Fellowship:

OPEN MIC RESUMES

*2nd Saturday of every month

Gather In Farm,
Purgatory Rd.
in Campbell Hall.

Sign up at
7:30PM

Donations appreciated



**correction, not 1st Saturday as printed in August issue*

** Please send group announcements and anniversaries by the 1st of the month to Orange-AAid@gmail.com*

SEPTEMBER

