

ORANGE COUNTY INTERGROUP-1ST THURSDAY OF THE MONTH-ST. JOHN'S CHURCH, MURRAY AVE, GOSHEN NY @ 7PM

BOOKERS MEETING-1ST THURSDAY IN MARCH, JUNE & DECEMBER-ST. JOHN'S CHURCH, MURRAY AVE, GOSHEN NY @ 6PM

INSTITUTIONS & PHONE SERVICE-1ST THURSDAY OF MARCH, JUNE, SEPTEMBER AND DECEMBER, ST. JOHN'S CHURCH, MURRAY AVE, GOSHEN NY @ 6:30PM

ORANGE COUNTY GENERAL SERVICE MEETING-3RD TUESDAY OF THE MONTH, HAMPTONBURG PRESBYTERIAN CHURCH, RT 207, CAMPBELL HALL @7PM

GRAPEVINE COMMITTEE MEETING-1ST TUESDAY OF THE MONTH, HAMPTONBURG PRESBYTERIAN CHURCH, RT 207, CAMPBELL HALL @7PM

CHAIRMAN- CURIOUSCAT0623@GMAIL.COM

CO-CHAIR- OPEN POSITION

TREASURER- MCOPELETTI@HVC.RR.COM

SECRETARY- OPEN POSITION

PHONE SERVICE- KCLK@OPTONLINE.NET OR TOMMYCOSTELLO1022@GMAIL.COM

WEB CHAIR- JGROSENTHAL@GMAIL.COM

ARCHIVES CHAIR- OPEN POSITION

ORANGE AAID- ORANGEAAID@GMAIL.COM

MEETING LIST- MAYER.MARK37@YAHOO.COM

PUBLIC INFO- OPEN POSITION

JAILS & INSTITUTIONS- BXSPACEACE@GMAIL.COM



ORANGE AAID ORANGE COUNTY INTERGROUP

February 2020

ANNOUNCEMENTS

CANTERBURY TALES @ MUNGER COTTAGE IS HOLDING ITS 30TH GROUP ANNIVERSARY ON SATURDAY FEB. 22, FOOD AT 6PM, SPEAKER MEETING AT 7PM

WORCYPAA IS HOSTING A TRIVIA NIGHT ON SAT. MARCH 7TH @ 6PM, GOORD SHEPARD CHURCH, 112 N MAIN ST, PEARL RIVER NY

THE PHONE SERVICE COMMITTEE WOULD LIKE TO EXTEND A THANK YOU TO THE GARAGE GROUP FOR HELPING OUT AND PICKING UP OPEN DAYS! ALSO, AN UPDATED **CONFIDENTIAL LIST** WAS SENT OUT TO ALL GROUP REPS.

SENY AREA ASSEMBLY

FEBRUARY 9 @ 8:30 AM - 3:15 PM

NASSAU COMMUNITY COLLEGE, ONE EDUCATION DRIVE
GARDEN CITY, NY 11530

NERAASA 2020

FEBRUARY 21 @ 2:00 PM - FEBRUARY 23 @ 12:00 PM
RADISSON HOTEL NASHUA, 11 TARA BOULEVARD
NASHUA, NH 03062

February Celebrants

GREENWOOD

LAKE

Rob 1
Alyssa 1
Adam 5
Dana 6
Kevin 7
Carol 28
Joe 33

FOCUS ON RECOVERY

Patty 2
James 7
Martha 23
Keith 29
Jeff 34

SAFE & SOUND AT

RICKS PLACE

Jessica B 1
Eddie P 1
Eleanora 8
Jim B ("The
Professor") 33
Dianne M 38

OUR PRIMARY

PURPOSE

Mike 90 days
Evan 1
Frank 2

Meeting Etiquette

Bill and Bob knew long ago that the undisciplined alcoholic would benefit from the structure and format of an AA meeting: starting on time, ending on time, each alcoholic listening silently to the one speaking. Moreover, the first tradition finds its roots in the practice at a meeting - since individual recovery depends on AA unity, the wellbeing of the whole must come first. (So...things like chair throwing and open alcohol containers are out. They jeopardize the group and the safety and sobriety of those in attendance.)

But one issue Bill and Bob didn't have to address is technology. Namely, cellphones. Everyone has them, and almost all are smart, connecting to the internet and luring us with tempting distractions like social media, games, texts or emails, or even the latest sports game score.

Yet what would a meeting be if everyone there was engrossed in their phones? Staring down into another world through a hand-held blue light, somewhere other than "here" as a suffering alcoholic's voice cracks speaking honestly for the first time? What if it was you, or me, at our first meeting?

For many, the respect and diplomacy we show each other in meetings makes them a sacred space. Set aside from the outside world, they can be a place to find understanding, respite and inspiration; a place where everyone belongs, and where our primary purpose - our singleness of purpose - is to stay sober and to help other alcoholics to achieve sobriety. Cellphone use while someone is talking or while a meeting is going on gives a sense of being away, and it can feel disrespectful to those who are there.

While the temptation of distraction is understandably great, and while it is certainly reasonable in this era of constant accessibility that we tend to the occasional emergency, perhaps we could consider putting the phones down for just one hour in our busy lives, to be of service - to the group, to its members, and to our own recovery. Being fully present shows others that they matter and that they're not alone. Listening can also be a form of meditation that feeds our own spiritual condition. So the next time you head into a meeting, consider leaving the phone in the car for the hour, or at least your pocket. Be present and just be. Your sobriety and your fellow alcoholic will thank you.

Is there anything you would like to share with us? Have ideas or want to see something specific in these publications? Tell us how doing service has impacted your recovery and what that means for you.

Email: orangeaaid@gmail.com